

Date	Location	Host	Competition	Weights	Information	Contact
28 th May	SPORT IRELAND CAMPUS	HPU	Men & Ladies, Youths	TRAINING	HPU	Dr. Grainne Hayes
3 rd June	International Tournament VELKONIS Latvia	NA	NA	NA	NA	NA
11 th June	Salthill Galway	TOWI	Men 6 aside open, 8 Aside Catchweight, ladies can pull with 8 in 6 aside Youths	480kg & 425 Ladies 460	Weigh in time 10.00 - 11.30am Noon 1st Pull	Noel Higgins
18 th June	SPORT IRELAND CAMPUS	HPU	Men & Ladies, Youths	TRAINING	HPU	Dr. Grainne Hayes
25 th June	Corcaigh Park, Dublin	TOWI	National DIV 1,5aside DL Open Ladies, Mixed	600kg & 700kg 450kg	Weigh in time 10.30 - 11.30am Noon 1st Pull	Noel Higgins
2 nd July	Sport Ireland Campus	TOWI	National Div.1 & Open 5aside DL, Mixed	580kg & 680kg	Weigh in time 10.30 - 11.30am Noon 1st Pull	Noel Higgins
9 th July	SPORT IRELAND CAMPUS	HPU	Men & Ladies, Youths	TRAINING	HPU	Dr. Grainne Hayes
16 th July	Ballinasloe	TOWI	National DIV 1, Mixed & Open 5 aside DL	640kg Mixed 460kg 6x2	Weigh in time 10.30 - 11.30am Noon 1st Pull	Noel Higgins
23 rd July	SPORT IRELAND CAMPUS	HPU	Men & Ladies, Youths	TRAINING	HPU	Dr. Grainne Hayes
30 th July	TBC	TOWI	National Div. 2 Mixed, Ladies, Youths	640kg & 700kg Mixed 460kg 6x2	Weigh in time 10.30 - 11.30am Noon 1st Pull	TBC
6 th August	SPORT IRELAND CAMPUS	HPU	Men & Ladies, Youths	TRAINING	HPU	Dr. Grainne Hayes
12 th -13 th August	Scotland		B&I			
19 th August	Germany		GENSB			
31 st August	Switzerland		World Outdoor Championships			

8 th October	TBC	TOWI	Indoor 5 a-side Ladies 5 a-side Mixed 5 a-side Youths 5 a-side Boys/girls mixed	TBC	TBC	TBC
22 nd October	TBC	TOWI	Indoor 5 a-side Ladies 5 a-side Mixed 5 a-side Youths 5 a-side Boys/girls mixed	TBC	TBC	TBC
5 th November	TBC	TOWI	Indoor 5 a-side Ladies 5 a-side Mixed 5 a-side Youths 5 a-side Boys/girls mixed	TBC	TBC	TBC
12 th November	TBC	TOWI	Indoor 5 a-side Ladies 5 a-side Mixed 5 a-side Youths 5 a-side Boys/girls mixed	TBC	TBC	TBC
18 th /19 th November	National Basketball Arena	TOWI	International Tournament		MORE TO FOLLOW	
26 th November	TBC	TOWI	National men's, Ladies, Mixed & Youths	600kg &680kg 320kg &340kg 460kg 6x2	TBC	TBC
10 th December	TBC	TOWI	National men's, Ladies, Mixed & Youths	560 & 640 Open 320kg &340kg 580kg4x4	TBC	TBC